



## ROTARY CLUB OF ARVADA DISTRICT 5450

<https://www.arvadarotary.org/>

Indian Tree Golf Course Club House  
7555 Wadsworth Blvd., Arvada, CO 80003-2762  
2<sup>nd</sup>, 3<sup>rd</sup>, and 4<sup>th</sup> Wednesdays @ 12:00 pm

### Meeting Bulletin – March 4, 2026 “Unite for Good”

#### ZOOM CALL INFO

Topic: Rotary Meeting

Time: March 4, 2026 11:30 AM Mountain Time (US and Canada)  
Every week on Wed., 110 occurrence(s)

Please download and import the following iCalendar (.ics) files to your calendar system.

Weekly: [https://us06web.zoom.us/meeting/tZEIfuqogz4pH9VKwy2gjlIRxiRsgeXeV6M8/ics?icsToken=DJe70uAPfQ8uC306SQAALAAAPDET1YKNCbILrs0r0JSzRWCbQ0y\\_VBukPJxZ8i\\_gwoY-m2a1WIYoQxjGFVxv9y-yQRUN6JTATrUGQI\\_KzAwMDAwMQ&meetingMasterEventId=LdpseIs0RZ6L1K-J9RXylQ](https://us06web.zoom.us/meeting/tZEIfuqogz4pH9VKwy2gjlIRxiRsgeXeV6M8/ics?icsToken=DJe70uAPfQ8uC306SQAALAAAPDET1YKNCbILrs0r0JSzRWCbQ0y_VBukPJxZ8i_gwoY-m2a1WIYoQxjGFVxv9y-yQRUN6JTATrUGQI_KzAwMDAwMQ&meetingMasterEventId=LdpseIs0RZ6L1K-J9RXylQ)

Join Zoom Meeting

<https://us06web.zoom.us/j/85893055351?pwd=zXJrbDehoGpLqxwnw6PsM659870x61.1>

Meeting ID: 858 9305 5351

Passcode: 920693

---

One tap mobile

+17207072699,,85893055351#,,,,\*920693# US (Denver)

+17193594580,,85893055351#,,,,\*920693# US

Join instructions

<https://us06web.zoom.us/join/85893055351/invitations?signature=oWMbw31LV8IVUe0cIjnS9feUxEUOimiRnaN3fB5GMos>

## **ARVADA ROTARY CLUB MEETING SCHEDULE**

**The starting time for meetings at Indian Tree Golf Course club house is 12:00 pm.**

**The club meeting schedule is:**

1<sup>st</sup> Wednesday will be an evening meeting (fellowship/happy hour) time and location to be determined hopefully by the first of every month.

2<sup>nd</sup> and 4<sup>th</sup> Wednesdays will be meetings with a program.

3<sup>rd</sup> Wednesday will be a business meeting/club assembly/ board meeting.

5<sup>th</sup> Wednesday will be either an afternoon or evening "field trip", time, and location to be determined. Hopefully TBD by the first of the month in which they occur.

### **ROD SCHEDULE**

**Please note that the ROD schedule reflects the Social meeting on the 1st Wednesday of the month and a Club Business meeting on the 3<sup>rd</sup> Wednesday of the month.**

#### **3/4/26 - VISIONING SESSION 5:00–9:00 PM**

The District has assigned a team of facilitators, Marie Zimenoff and Mark Burnett for the Visioning Session.

- Location: Arvada Police Department West Woods Community Station, 6644 Kendrick Drive. Directions: From 64th & Indiana, go west on 64th, take the first right onto Kendrick Drive, and it's on the right just past Sundyne.
- Food: A light dinner (sandwiches from the Cheese Ranch, plus chips etc.) will be served.
- Homework: Please complete the attached Vision Exercise in advance.
- To Bring: We recommend bringing your completed homework, a pen or pencil and a water bottle.
- RSVP: If you haven't already let Suzanne know you're attending, please let her know at [sghais13@yahoo.com](mailto:sghais13@yahoo.com) or 303-913-503

**3/11/26** – Dan Hershberger – Dan's program will be our own Lorraine Doo's husband, Peter, who will discuss his recycling system.

**3/18/26 – Business meeting**

**3/25/26** – Rich Kramer

**4/1/26** - Social – Indian Tree golf course club house – 5:00 pm

**4/8/26** – Dave Paul

**4/15/26 – Business Meeting**

**4/22/26** – Linda Richardson

**4/29/26 – Field Trip?**

**5/6/26 – Social – Indian Tree golf course club house – 5:00 pm**

**5/13/26 – Willem Schrage**

**5/20/26 – Business Meeting**

**5/27/26 – Robert Smith**

**6/3/26 – Social – Indian Tree golf course club house – 5:00 pm**

**6/10/26 – Don Storey**

**6/17/26 – Business Meeting**

**6/24/26 – Matt Weller**

**7/1/26 - Social – Indian Tree golf course club house – 5:00 pm**

**7/8/26 –**

**7/15/26 – Summer Picnic ?**

**7/22/26 –**

**7/29/26 -**

### **ARVADA CHAMBER NEWS (Provided by Suzanne Ghais)**

- Member Connection Event--a networking opportunity (and chance for us to meet potential new Rotary members). Wednesday, March 18, 3:45 pm – 5:00 pm. Register [here](#). Suzanne will be out of town. Linda will be attending in her place. More would be better, so you're still encouraged to go.

### **PRESIDENT LINDA'S CORNER**

1. **Club Runner transitioning to Nova** - Rotary International and our District 5450 is ramping up a new website for data and club support, Nova. Our club's transition will happen in the next month or so, so we are ahead of the 'mass' clubs' transition around the new Rotary fiscal year on July 1st. It appears that the changes are mostly on the user-facing aspects, and the key functions, data, and entries have been streamlined. So, whether it is our club's roster, club goals, or member access, the data is retained. Below are links to some of the webinars available to familiarize yourself with the Nova website. Please let Pres. Linda know if you have any questions or concerns, or input. A date for our club's request for the migration to Nova will be set soon. Many thanks to Club Secretary Dennis Hein and our Web Master Willem Schrage for their work and flexibility during this transition.

Nova Basics: [ClubRunner Nova Basics 01.22.2026.mp4](#) [The Arvada Rotary Club doesn't use any Clubrunner accounting functions. I don't expect we will make any changes on the accounting functions. We do expect to utilize and maintain our club membership and roster, as well as the club goals, functions in Nova.]

Nova Website: [ClubRunner Nova Websites 01.29.2026.mp4](#) (attachment to bulletin)[The Arvada Rotary Club does use and pay for the Clubrunner website function. We do expect to transition to utilizing Nova for our website.]

Nova Bulletin: [ClubRunner Nova Bulletins 02.05.2026.mp4](#) (attachment to bulletin)[The Arvada Rotary Club doesn't use the Clubrunner bulletin functions. I don't expect we will make any changes to this weekly communication.]

**2. New Member Application** - Kathaleen "Kathy" Trombly, the Kyle James Trombly Memorial Foundation, has submitted a membership application. It is attached to this bulletin email. This is the second notification. Please welcome Kathy!

**3. Rotary Fellowships** - Rotary Fellowships are international groups that share a common passion. Being part of a fellowship is a fun way to make friends around the world, explore a hobby or profession, and enhance your Rotary experience. <https://www.rotary.org/en/our-programs/more-fellowships>

4. Attached to the bulletin is the scan of the front and back of a business card previously provided by the Arvada Rotary Club for handing to potential members. Also, attached is a similar card from the Westminster Rotary Club. Please review these and we will discuss membership recruitment ideas at our March 18th business meeting.

**5. The Rotary Foundation (TRF) "minutes"** - Dennis Hein, the Arvada Rotary Foundation treasurer or others, will provide The Rotary (TRF) or Club Foundation informational "minutes" during meetings. There are many topics we can learn about, such as club goals, benefactors, project funding, TRF points, and Polio eradication status. Let's learn together so we can support our service via our Foundations.

**6. Old Rotarian magazines?** - What do you do with yours? Do you place them in waiting rooms? I give mine to our new Rotarians until their subscriptions start, then I place them in the free magazine area at the library so other may read them. What can we do with them? Ideas? Please share your ideas during your happy dollars!

**7. Volunteer opportunities for the City of Arvada:**  
<https://www.arvadaco.gov/695/Volunteer-Opportunities>

**8. RYLA 2026** – Due to unrelenting price increases being incurred (including a 35% increase from the YMCA of the Rockies) the cost has raised to \$800 per conferee. Just to give you a bit of context – all other camps investigated, that are of similar length, cost between \$1900 and \$3500 per camper. The primary reason for the low price is an all-volunteer workforce made up of Rotarians and Rotary Youth.

*Pres. Linda's requests for 2 RYLA (high school) and 2 Young RYLA (junior high) slots for the 2026 conferences have been approved.*

The online applications are now open at <https://rockymountainryla.org>.

RYLA will be held July 11 – July 17, 2026 (current High School Sophomores, Juniors, and Seniors)

Young RYLA-1 will be held June 20 – 26, 2026 (current 7th Grade Students)

Young RYLA-2 will be held June 27 – July 3, 2026

All conferences will be at the YMCA in Estes Park.

**9. District 5450 Items/Program ideas** - District 5450 maintains a database of speakers and their program at District 5450 Program speaker database. Linda is often contacted by potential speakers; she will try to rotate their information through the bulletins.

**Organ Donation/Transplants** Mark McIntosh is an advocate for Live Organ Donor Transplants and the Chair the Host Committee for the Transplant Games to be held in Denver June 18-23, 2026. He is a live kidney donor recipient himself and it is very interesting to hear his story and the need for organ donation in our state. Mark McIntosh: [mark@seekvictory.com](mailto:mark@seekvictory.com)

**Japanese Consulate in Denver** Sanae Kanno, Consul, [sanae.kanno@mofa.go.jp](mailto:sanae.kanno@mofa.go.jp) / 303.534.1151 (c)970.632.0804, can discuss the activities of the Japanese Consulate and her work.

**Guatemala Literacy Project:** Savannah Gulick, (C) 513-444-5048. (W) 513-956-9004, [savannah.gulick@coeduc.org](mailto:savannah.gulick@coeduc.org).

**Jefferson County Library Foundation** Their mission is to support and enrich the capabilities, resources and services of the Jefferson County Public Library through fundraising and advocacy efforts that benefit our diverse community. Jefferson County Library Foundation (JCLF), a 501(c)(3) nonprofit corporation, provides critical support to Jefferson County Public Library (JCPL), expanding free programs and services to all Jefferson County residents. Through public outreach, advocacy and fundraising, JCLF strengthens JCPL and promotes greater awareness of its valuable resources and services, helping JCPL ensure free and equal access to information and great literature to all Jeffco residents. <https://jeffclf.org/> Contact Jo Schantz, [jo@jeffclf.org](mailto:jo@jeffclf.org), 303.403.5077.

**10. Link to Chief Brady's Police Unity Tour:** <https://mailchi.mp/859cf65dd9bc/police-unity-tour?e=5ee4273243> Donations being accepted thru 06/26/2026.

**11. King Soopers Community Rewards** - Support Arvada Rotary Club every time you shop at King Soopers! Select Arvada Rotary Club in your digital account, and the Arvada Rotary Club receives a portion of your purchase. Your contributions help fund our vital programming and services, making a difference in our community.

HOW TO HELP

- a. Sign into your digital account or create one
- b. Enroll Arvada Rotary Club as the organization you are supporting.
- c. Arvada Rotary Club will start getting quarterly donation based upon your purchases. Your fuel points are independent of and unaffected by this donation.
- d. Funds will be used to support ongoing programs and services.

**Thank you for your support!**

P.S. Tell other family members and your friends. Everyone buys groceries!

**12. OUTBOUND YOUTH EXCHANGE STUDENTS WANTED!** We are encouraged to recruit high school applicants to become Rotary International Exchange Students. This opportunity is open to ALL clubs and any qualified students in our District, Rotary relatives and general public. <https://www.rmrye.org/>

**13. Eyeglasses and Hearing Aid Collection** - Arvada Lions collects thousands of eyeglasses *and hearing aids* from Walmart and King Soopers eyeglass recycle bins. Bin collection locations are listed at [ARVADA LIONS CLUB EYEGLASS COLLECTION BOX LOCATIONS Jan2024.pdf](#)

### **WHAT ARE ARVADA ROTARIANS DOING?**

**Monday, March 2** - Arvada West High School Career Hub ribbon cutting, information at [March 2: Ribbon Cutting - Arvada West Career Hub](#)

**Thursday, March 5** - Reaffirming the UN Charter in Today's Chaos, 6:30 – 7:30 pm; register at <http://www.Rotary5450.org>

**Friday, March 6** - International Women's Day, 8:30 am – 1 pm; Denver Center for the Performing Arts, Seawell Ballroom, 1101 13th Street, Denver; register at <http://www.Rotary5450.org>

**Tuesday, March 10** - Second Tuesdays Concert Series, 7:30p @ Community of Grace Church, 7755 Vance Dr., Arvada, <https://secondtuesdays.org/> (\$20., free parking)

**Saturday, March 14** - Arvada St. Patrick's Day Festival, noon – 6 pm; Olde Town Arvada; details at <http://www.OldeTownArvada.org/events>

**Wednesday, March 18** - Arvada Service Clubs Dinner, 4:30 pm; Hope House, 6475A Benton St, followed by Happy Hour

**Friday, March 27 and Saturday, March 28** - 7:30p, Alpine Chorale, Spring Concert: Spring Serenade, Wheat Ridge Center for Music and Arts, 7530 West 38th Ave., Wheat Ridge (Tickets: \$20/Adults | \$15/Seniors | \$5/Students) <https://alpinechoraleco.org/>

**Sunday, April 12** - Arvada Kite Festival 11a - 4p, [Kite Festival](#)

**Tuesday, April 14** - Second Tuesdays Concert Series, 7:30p @ Community of Grace Church, 7755 Vance Dr., Arvada, <https://secondtuesdays.org/> (\$20., free parking)

**Wednesday, April 15** - Arvada Service Clubs Dinner, 4:30 pm; Hope House, 6475A Benton St, followed by Happy Hour

**Saturday, April 18 - TURNING CONFLICT INTO COLLABORATION** | EPIC Campus - 8:30 am to 3:30 pm. Pres. Linda proposes any club members who can attend be reimbursed by the club for the registration cost, \$35. This is a one-day workshop designed to give anyone the tools to deal with the most difficult communication challenges. Through guided discussions and real-world exercises, participants will learn to:

- De-escalate conflict
- Transform challenging interactions into constructive conversations
- Effectively manage strong personalities
- Navigate difficult conversations on divisive issues
- Control emotions in challenging environments
- Enhance leadership and communication skill

The workshop will be lead, in part, by our own **Suzanne Ghais**, Ph.D., who is Programs Director at Convergence Center for Policy Resolution, where she facilitates multi-party consensus building on divisive public-policy issues. She has three decades' experience in conflict resolution, facilitation, mediation, and consensus building, dealing with a wide range of issue types from consumer and community disputes to workplace conflicts, to civil wars. She is the author of *Extreme Facilitation: Guiding Groups through Controversy and Complexity* (Jossey Bass/Wiley, 2005) and numerous articles and book chapters.

**Thursday, April 30** - AWRSAY Graduation Award Ceremony. More information to follow.

**Saturday, May 2** - [13th Annual Hope House 5K & Fun Run](#). [Registration](#) is now open.

**Saturday, May 2** - Arvada Service Clubs spring joint street cleanup project (more information TBA)

**Tuesday, May 12** - Second Tuesdays Concert Series, 7:30p @ Community of Grace Church, 7755 Vance Dr., Arvada, <https://secondtuesdays.org/> (\$20., free parking)

**Saturday, May 16**- District 5450 EPIC Day of Service <https://www.epicdayofservice.org/>. Ideas for possible service projects, include Community Table; Angel Heart (decorate delivery bags)(maybe in Covenant Village arts & crafts activity room); and/or Rocky Mountain Health Foundation (decorate Boxes of Sunshine)(Children's Health Foundation, Theresa Joseph, 303-839-6782).

**Friday, June 5 and Saturday June 6** - 7:30p, Alpine Chorale, Summer Concert: A Jazzy Summer,

**Friday, June 12** - Stephen Bargatze: Magic with a Mission fundraiser for the Hope House. LOCATION: Red Rocks Church Arvada, 7100 Wadsworth Blvd, Arvada, CO 80003. Hold the date - tickets to be available soon!

**Saturday, June 13** - Lake Arbor Purpose Driven Optimist Club, Boot Scoot & Boogie fundraiser (more information TBA)



**ARVADA SUNRISE ROTARY CLUB**

Club Meeting Information

1st Tuesday of each month – Zoom Meeting

2nd Tuesday and 4th Tuesday of each month – In-person Meeting @ 7:10a  
Greater Arvada Chamber of Commerce, 7502 W 80th #180, Arvada, CO 80003

Note: Enter lower level, east side of Canvas Credit Union building

3rd Tuesday of each month – Social @ TBA

5th Tuesday of month – Service project @ TBA

Join Zoom Meeting:

<https://us02web.zoom.us/j/84121762533?pwd=OjpomefXhkHtNODWOP79ZX3AbCisGp.1>>

< Meeting ID: 830 6227 5636

Passcode: 766439

One tap mobile

+17193594580,,87643584168#,,,, \*810311# US

+13462487799,,87643584168#,,,, \*810311# US (Houston)